

# **Medication Policy**

#### Rationale

Sacred Heart College is committed to promoting the wellbeing of all students. Many students attending the College require medication to help maintain their wellbeing. No students are to be in possession of any medication at school, except their own asthma inhalers, insulin pumps and or EpiPen's.

#### **Aims**

The aim of this medication policy is:

- To encourage continued student attendance at school
- To encourage student responsibility in regard to taking their medication.
- To promote harm minimization and student safety
- To keep parent/guardians informed if their child is not taking/frequently taking medication
- To administer necessary medication in a competent and timely manner
- To provide accurate documentation of medication administered to any student at school

### **Administration of Medication**

The Health Centre Coordinator and First Aid Officers are responsible for the administration and documentation record log of medications whilst at school. While a student is on a camp or excursion it is the responsibility of the teacher in charge.

The following medications are permitted to be administered at the College after an assessment has been conducted by the Health Centre Coordinator or a First Aid Officer.

- Strepsils
- Zyrtec (antihistamine for emergencies only)
- Ventolin
- EpiPen's
- Glucagon
- Student's own prescribed medications in their original bottle or container clearly labelled with the student's name, dosage and expiry date. A Medical Authority Form is to accompany any student's medications.

The student's allergies and medication expiry date will be checked prior to administration.

Parents/guardians will be contacted to obtain verbal permission for the administration of emergency Zyrtec. Action Plans for Anaphylaxis, Allergies, Asthma and Diabetes will be followed and medication/s given as per the plan.

A Medical Authority Form needs to be completed for prescription medication by both the parents/guardians and the Medical Practitioner prescribing the medication. Parents can complete the form for non-prescription medications. This form can be found on Knowledge Banks under the Staff Handbook or on the College's website under enrol with us/further links/policies and forms.

Medications to treat diabetes, asthma or anaphylaxis do not need to be accompanied by a Medication Authority Form. Students requiring medications to treat diabetes and asthma should be able to competently self-administer their medication.

Students are not to take their first dose of a new medication at school in case of an allergic reaction. This should be done under the supervision of the family or health practitioner.

Under no circumstances should a student share his/her medication with another student.

#### **Documentation**

Once a prescribed medication has been administered, the medication administration log that is attached to the Medical Authority Form will be completed by the person/s administering the medication. This is to also be recorded on the Student Administration System (SAS). Once the prescribed medication has ceased, the Medical Authority Form along with the administration log will be stored on the student's file.

### **Storage**

All medications are to be kept in a locked cabinet in the First Aid room. Students' own medications are stored in the locked cabinet, clearly labelled along with the students Medical Authority Form.

Diabetic Insulin and Glucagon are stored in the lockable medication fridge in the First Aid room.

Student's own EpiPen's and the College General Use EpiPen's are stored in individual insulation pouches, and are located in an easily accessible cupboard in General Reception. General Use EpiPen's are also kept in the Cafeteria (Atrium), Hospitality (Frayne) and in all Yard Duty Bags. Students are to also have an EpiPen in their school bag at all times to cover their bus travel to and from school.

Ventolin kits are located in 28 locations across the College.

Ventolin, paracetamol, Zyrtec and Strepsils are available in every first aid kit which leaves the College.

College medications and student's own medications expiry dates are checked regularly.

## Administration of medications whilst on camp/excursions

Whilst on camps and excursions all medication must be handed to the Homeroom teacher or group leader the morning of the camp, the only exception to this being Ventolin, Insulin and EpiPen's. These should be kept by the student and carried in their own bag. The student's EpiPen stored in General Reception will be signed out to accompany them on a camp/excursion and they will also need to be carrying one in their own bag as a 'backup' (Please refer to the Anaphylaxis Policy for further information)

All prescribed medications handed to the student's Homeroom teacher or group leader on the morning of the camp/excursion must be accompanied by the Medical Authority Form. This must be provided by the parent or guardian to assist with the administration of the prescribed medication. The Medical Authority Form is available on the College website under enrol with us / further links / policies and forms.

#### http://shckyneton.catholic.edu.au/wp-content/uploads/2016/08/Medical-Authority-Form.pdf

The teacher/teachers administering the medication will complete the administration log once the medication/s has been administered. The administration log will be filed on the student's file at the completion of camp.

Whilst at the College the school will not supply or administer over-the-counter medications (e.g. Paracetamol or Mylanta) to students. An exception may occur during camps, excursions or tours, when a student may require short-term relief from an ailment or injury and a parent, guardian or medical practitioner is not readily available to administer the medication. In such instances, the student's CareMonkey profile will be accessed to determine if the parent/guardian has approved for the administration of paracetamol.

If an antihistamine is not supplied or permission given to administer on the Medical Authority Form, Parents/guardians will be contacted to obtain verbal permission for the administration of an antihistamine should the need arise.

#### Medication error

If a medication error has occurred or a student has taken medicine incorrectly while at school the student will be monitored closely

- 1. The *Poisons Information Line, 13 11 26* may be contacted and details of the incident will be given.
- 2. Advice from the Poisons Information line will be acted upon immediately, such as calling an ambulance etc.
- 3. The parent/guardians or the emergency contact person will be notified of the error and advised accordingly.
- 4. An incident form will be completed and reviewed by the Principal.
- 5. The College's medication management procedures will be reviewed.

Responsible	Health Centre Coordinator
Date	April 2020
Review Date	April 2022